

Meditation & Satsang

"The Perfect ONE Reality You Never Left"

with *Rachael Saan Ma*



Join us for a profound time of silent meditation, a brief talk and a chance for dialogue, while deepening your direct experience of Reality and true identification with the unchanging Timeless Self.

Saan Ma holds a deeply peaceful and sacred space where one can easily drop into the divine presence and vast stillness of the heart. The mind will effortlessly quiet. Unconditional love and expanded awareness consumes everything. Your ability to discern the Real from all illusion allows for greater Peace, Joy and Ultimate Freedom.



Sunday, Sept 30

11:30 AM – 1:00 PM

This event is Free

Shasta Yoga Institute ~ Mount Shasta

315 S. Mount Shasta Blvd (next to Berryvale)

For more information visit: www.RachaelSaanMa.com